

Breakthrough!

SVAROOPA® YOGA & MEDITATION CONFERENCE

January 18-21 2019

Boston MA

Breakthrough – a sudden, dramatic and important discovery or development.

Your yoga regular classes and personal practice gives you slow-and-steady. It prepares you for your next giant leap, which awaits you. Breakthroughs come when you immerse yourself, especially under the guidance of a Master. This Svaroopaa® yoga weekend will boost you there, along with the incredible support of the community of yogis gathering together.



Choose Your Conference Track:

- Yoga Breakthrough
- Meditation Breakthrough

Add a Post-Conference Workshop:

- Warrior Vinyasa:
The Rocket Ship Inward
- Grounded in Infinity
- Deeper & Deeper Within:
All-Day Meditation

Get the discounted hotel rate, offer your seva and see our scholarship opportunities online: www.svaroopaa.org/breakthrough

“It’s another example of the depth of this practice and community.”

– Shivani (Carole) Bull

“The conference was just plain fun. Familiar friends and new friends. Familiar poses and new poses. Outside and inside.”

– Dharma (Lloyd) Apirian

“The keynote address at the last conference was so powerful...”

– Dinakar (Dean) Cilley

“We learned so much, yet the conference is more relaxed than Teacher Training. It’s a great way to enliven my teaching while having fun and reconnecting with other Svaroopis!”

– Beth Holmes

“Each conference I’ve attended has exceeded my expectations.”

– Maitreyi (Margie) Wilsman

