

# Half Day Program

with **Swami Prajñananda**

**Saturday April 25 2026**

1:30 - 5:30 pm

Three hours of yoga poses plus an hour of chanting and meditation. Body, mind, heart and deeper — the bliss of consciousness is guaranteed.

Anyone can attend this Half Day Program; it's all user-friendly while being deeply effective and profoundly nourishing. Meditation instruction is included, along with personal attention in your poses for maximum benefits.

How much can you get in a short time?  
You'll be amazed!



**Location:**

[Rehoboth Beach Yoga](#)  
[20245 Bay Vista Rd Ste 101,](#)  
Rehoboth Beach DE

**Hosts:**

Kelly (Kushala) Sharp, Yogaratna &  
Chelsea (Rajñi) King, Yogaratna  
[kelly@rehobothbeachyoga.com](mailto:kelly@rehobothbeachyoga.com)  
[rajniking70@gmail.com](mailto:rajniking70@gmail.com)

**Tuition:**

Early Rate: \$111.00 (by 4/18)

Standard Rate: \$121.00

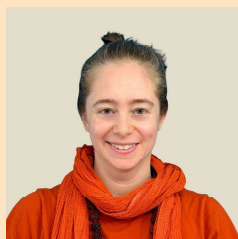
*\*Includes 1 free Swami Sunday (\$20 value)*

Need-based scholarships available.  
Contact your host to apply.

**Register here:**

<https://svaroopa.org/hdp-de-260425>

**Swami Prajñananda**



Swami Prajñananda is a monk in the ancient Saraswati order and comes to you as an authorized representative of *Svaroopa®* Vidya Ashram. Her credentials include *Svaroopa®* yoga teacher and yoga therapist. In addition, she is a Teacher Trainer and *Svaroopa®* Vidya meditation teacher. She shares her knowledge in a personal way and through her caring presence. She loves to help you!



*Svaroopa® Vidya Ashram*