

Half Day Program

with Swami Prajñananda

Saturday April 25 2026

1:30 - 5:30 pm

Three hours of yoga poses plus an hour of chanting and meditation. Body, mind, heart and deeper — the bliss of consciousness is guaranteed.

Anyone can attend this Half Day Program; it's all user-friendly while being deeply effective and profoundly nourishing. Meditation instruction is included, along with personal attention in your poses for maximum benefits.

How much can you get in a short time?
You'll be amazed!



Location:

Rehoboth Beach Yoga
20245 Bay Vista Rd Ste 101,
Rehoboth Beach DE

Hosts:

Kelly (Kushala) Sharp, Yogaratna & Chelsea (Rajñi) King, Yogaratna
kelly@rehobothbeachyoga.com
rajniking70@gmail.com

Tuition:

Early Rate: \$111.00 (by 4/18)

Standard Rate: \$121.00

**Includes 1 free Swami Sunday (\$20 value)*

Need-based scholarships available.
Contact your host to apply.

Register here:

<https://svaroopa.org/hdp-de-260425>

Swami Prajñananda



Swami Prajñananda is a monk in the ancient Saraswati order and comes to you as an authorized representative of Svaroopa® Vidya Ashram. Her credentials include Svaroopa® yoga teacher and yoga therapist. In addition, she is a Teacher Trainer and Svaroopa® Vidya meditation teacher. She shares her knowledge in a personal way and through her caring presence. She loves to help you!



Svaroopa® Vidya Ashram