### **FREE PROGRAM**

# Meditation Satsang

## with Swami Shrutananda

## **Friday June 27 2025**

7:00 - 8:30 pm

Experience deep meditation made easily accessible by one who has devoted her life to spirituality. Swami Shrutananda is a monk in the ancient Saraswati order, who shares her incredible knowledge in a personal way through her humour as well as her caring presence.

Her satsang program includes a discourse as well as group chanting and meditation. If you are new to this approach, she makes it easy for you. Her programs are always wonderfully deep, supportive and life changing. Allow her to show you the truth of the highest teachings, as she guides you to the experience of your own Divine Essence.

#### Swami Shrutananda



As a swami, she is a yoga monk, serving the Ashram as a Teacher Trainer as well as in teaching yoga and meditation classes. She has studied and taught with Gurudevi for over 27 years. She says, "I love to share the mystical teachings of yoga with others who wish to delve deeper."



#### Location:

Turning Point Yoga & Meditation 108 Bangor Ln, Milton DE

#### Register with the Host:

Chelsea (Rajñi) King rajniking 70@gmail.com

#### For more Information:

https://svaroopa.org/ ms-de-250627



Svaroopa Vidya Ashram