

Dear Svaroopi,

Your health and well-being is of primary importance to us, knowing that yoga enhances both while empowering your spiritual development. We are continuing to offer trainings, retreats, free public programs, local classes and therapy sessions in the midst of the coronavirus outbreak. While we are carefully monitoring the situation, we recognize that the physical benefits and inner experiences offered by *Svaroopā*[®] Yoga are needed during this time. We even consider them an essential service for you.

We are taking extra steps to ensure that our facility remains a clean and safe place for you. We have referred to the Centers for Disease Control and Prevention (CDC) website for best practices for maintaining a safe environment. Here are the steps we are taking for you:

Face Cloths for Asana Classes – We are providing individual cloths for you to use to lay your face on during asana class. These face cloths will be sanitized after every use.

Blankets on Beds - Between each overnight guest, the woven blankets on your bed will be replaced and cleaned. The surfaces of your beds and other furniture will be disinfected between each guest.

Disinfecting Surfaces & Door Handles – Our team will sanitize surfaces and door handles throughout the building several times a day. This includes the tables in Annapurna, the counters in the tearoom and bathrooms.

Hand-Sanitizer – Washing your hands is the most effective in reducing the transmission of viruses. We are also providing hand-sanitizer as a convenience while you're in the building or taking classes.

To support your flexibility in these unique circumstances, we are adjusting our enrollment policies:

- For immersion programs at Lokananda in the next 30 days, you may transfer to another course this year without any transfer fees.
- For local classes, therapy sessions, half day workshops and Meditation 101 programs we are offering free last-minute cancellation for the next 30 days.
- With your health and well-being being our priority, we continue to assess the situation. These policies will be reviewed and updated as needed. The rest of our enrollment policies continue to apply.

We continue to monitor the CDC as well as the Pennsylvania Department of Health websites daily. This up-to-date information allows us to provide you with the best service. We look forward to seeing you in a program or class soon.

In loving service,

Swami Satrupananda