



2026 Yogimmersions

Deep & Easy

Svaroopaa® yoga sparks your own healing power, your creativity, compassion and caring. Simply show up and settle inward. Work with the system because the system works.



PROGRAM	BEGINS	TYPE	LOCATION
Healing Retreat	Jan 13	Healing Retreat	📍 🌐
Shaktipat Retreat	Jan 30	Practices Retreat	📍
YTT Level 2	Feb 20	YTT	📍
Embodiment Plus	March 27	EYTS	📍
Shaktipat Retreat	May 1	Practices Retreat	📍 🌐
YogaBody Classroom Therapeutics	May 19	EYTS	📍 🌐
Healing Retreat	May 26	Healing Retreat	📍
Vows Prep Retreat	July 5	Practices Retreat	📍
Vowed Members Retreat	July 8	Practices Retreat	📍
Shaktipat Retreat	July 31	Practices Retreat	📍
Healing Retreat	Aug 25	Healing Retreat	📍
YTT Level 3	Sept 11	YTT	📍
Deceptive Flexibility 1	Oct 17	EYTS	📍
India with Gurudevi*	Nov 9	Practices Retreat	📍
Healing Retreat	Dec 1	Healing Retreat	📍 🌐
Shaktipat Retreat	Dec 27	Practices Retreat	📍 🌐

📍 On-Site programs are in Downingtown PA unless otherwise noted

🌐 Online programs are on ZOOM in the USA Eastern Time Zone

EYTS — Enrich Your Teaching Skills

YTT — Yoga Teacher Training

Call (610) 806-2119; email programs@svaroopayoga.org

* India Retreat is in Ganeshpuri MH, India

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