



2027 Programs

Bliss Is Your Birthright

Svaroopaa® yoga dissolves your deepest tensions. With this inner opening, you realize something has opened through your whole being. You discover inner bliss. This is why you were born.



PROGRAM	BEGINS	TYPE	LOC.
Therapeutics Bridge Training	Jan 19	YTT	🌐
Shaktipat Retreat	Jan 22	Practices Retreat	📍
Inspiring Teachers Retreat	Jan 29	Practices Retreat	📍
Radical Anatomy	Feb 25	YTT	📍
Shaktipat Retreat (Australia)	Mar 12	Practices Retreat	📍
Yoga Healing Retreat	Mar 16	Healing Retreat	📍 🌐
Therapeutic Yoga Training — A	Mar 30	YTT	📍 🌐
YTT Level 4	Apr 9	YTT	📍
Shaktipat Retreat	Apr 30	Practices Retreat	📍 🌐
Yoga Healing Retreat	May 25	Healing Retreat	📍 🌐
Shaktipat Retreat	Jun 4	Practices Retreat	📍

PROGRAM	BEGINS	TYPE	LOC.
Embodiment®	Jun 22	EYTS	📍
Vows Prep Retreat	Jul 5	Practices Retreat	📍
Vowed Members Retreat	Jul 8	Practices Retreat	📍
Yoga Healing Retreat	Aug 17	Healing Retreat	📍 🌐
Shaktipat Retreat	Sep 17	Practices Retreat	📍
Deceptive Flexibility 2	Sep 26	EYTS	📍
Shaktipat Retreat	Oct 22	Practices Retreat	📍
Therapeutic Yoga Training — B	Oct 26	YTT	📍 🌐
Yoga Healing Retreat	Nov 2	Healing Retreat	📍 🌐
Shaktipat Retreat	Dec 10	Practices Retreat	📍 🌐

📍 On-Site programs are in Downingtown PA unless otherwise noted

🌐 Online programs are on ZOOM in the USA Eastern Time Zone

EYTS — Enrich Your Teaching Skills

YTT — Yoga Teacher Training

Call (610) 806-2119; email programs@svaroopayoga.org

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