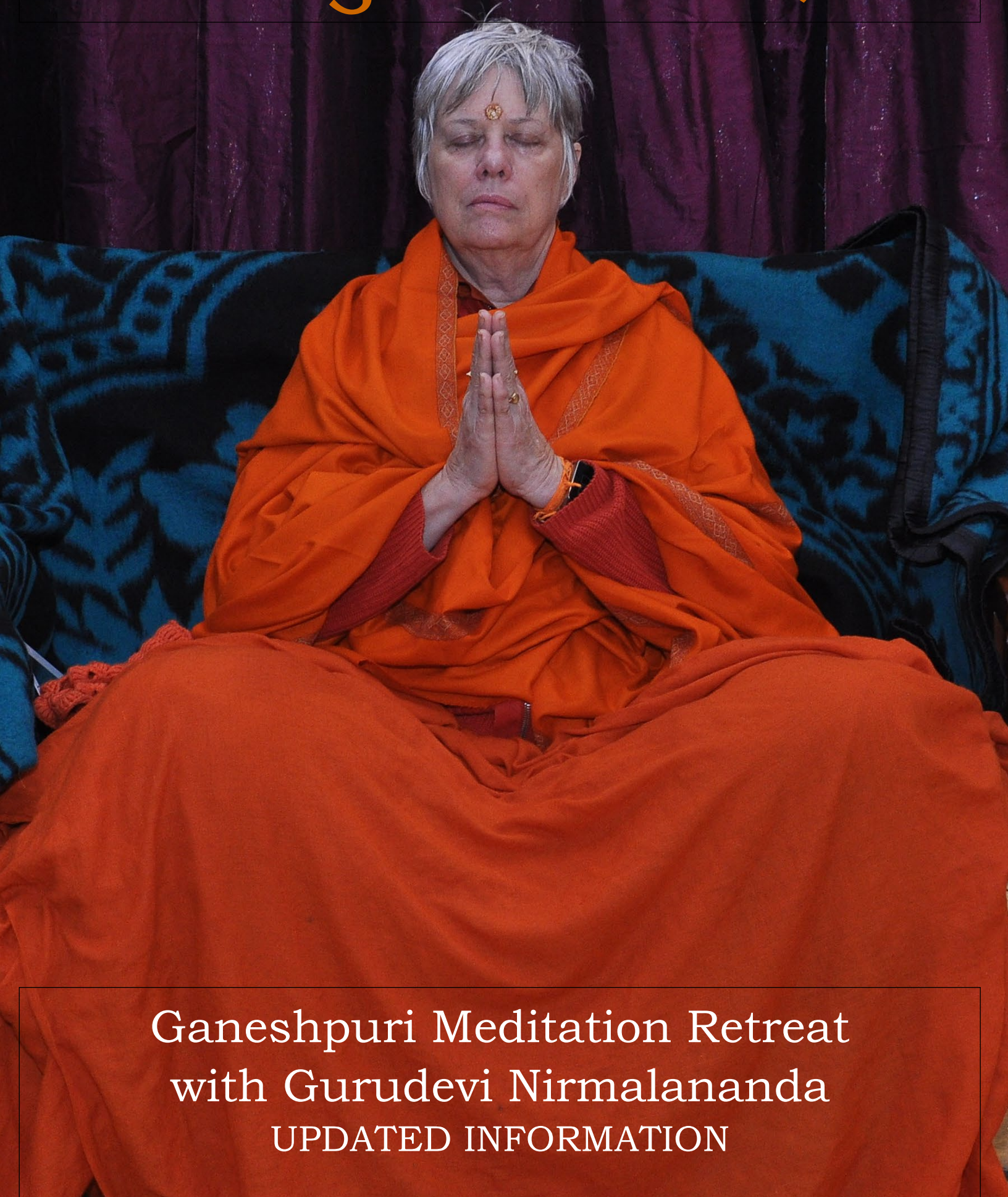


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Ganeshpuri Meditation Retreat
with Gurudevi Nirmalananda
UPDATED INFORMATION



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Experience a deep inner homecoming through meditation on your own Self in the sacred land of Ganeshpuri. Join Gurudevi in the home of her lineage.

This is a meditation retreat, a quiet gathering for Svaroopis interested in deep practice. Due to the groundswell of interest in this retreat, prior travel to Ganeshpuri with Gurudevi is no longer required. She and our *Svaroopā*® swamis will not be giving introductory teachings, which makes the retreat for those who are well-established in the *Svaroopā*® sciences. Your application form gives space for you to list your *Svaroopā*® studies so far.

For those who cannot join her in Ganeshpuri, Gurudevi has created a weekend retreat in Downingtown, titled [India in PA](#). She will bring the practices and the energy of the India retreat to everyone, making it both more affordable and accessible.

where? why?

Ganeshpuri is a small village outside of Mumbai in Maharashtra, India. Only two blocks long and three blocks wide, it is a pilgrimage site visited by people from all over the world. Gurudevi describes this simple town as “the center of the universe.”

What makes it so special? This is where Baba Muktananda met and studied with his own Guru, Bhagavan Nityananda. The stone temple honoring Nityananda is a reliable doorway to the Divine within. And like Muktananda did, you can sit in Nityananda’s house for meditation.



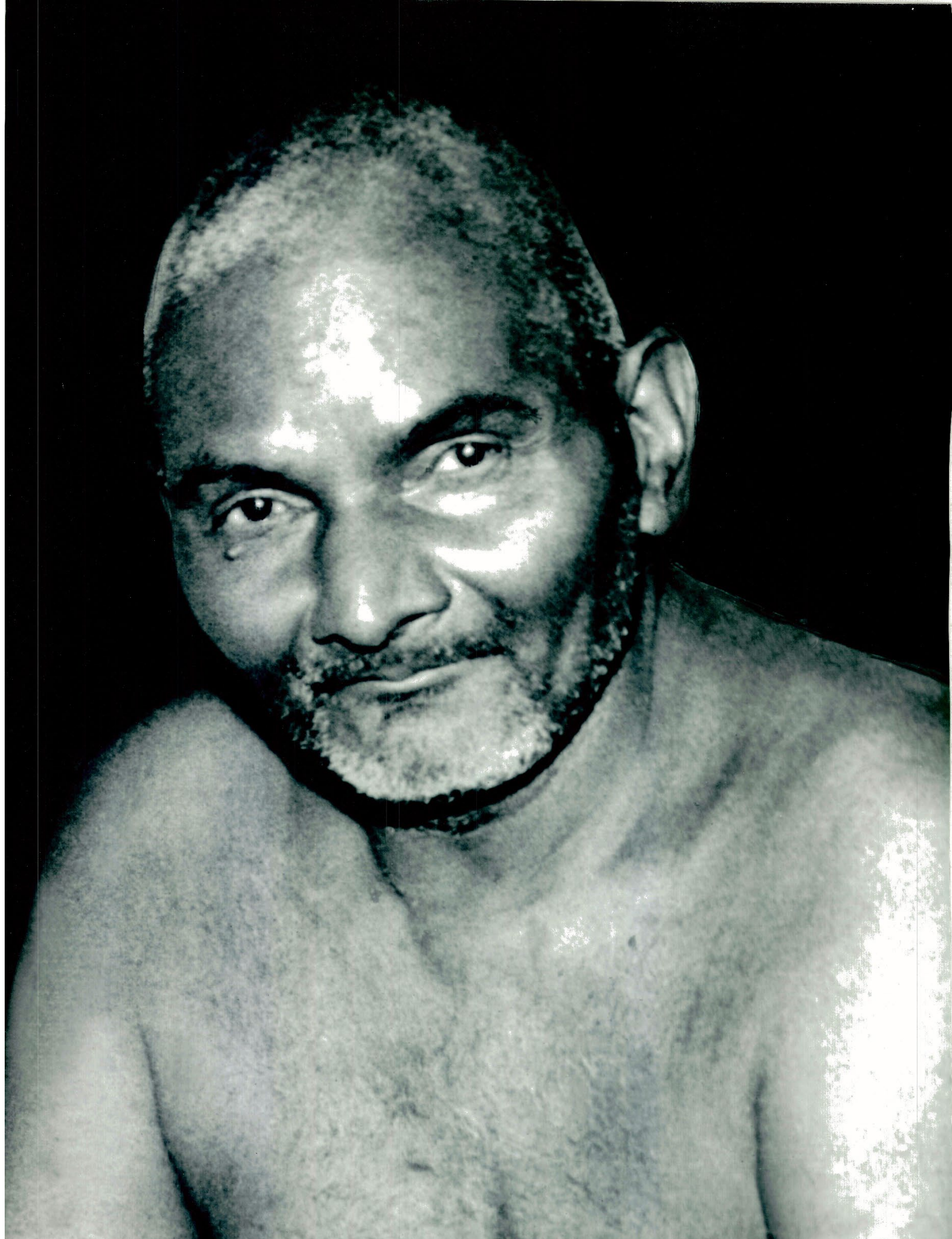
Gurudevi describes her experience of sitting with her Baba:

I had the great pleasure of sitting with Baba over many years. Every time, my familiar inner turmoil dissolved; I settled into a peaceful inner expanse of pure beingness. It was like I caught the germs of enlightenment from him, a most beneficial infection. It has gradually taken over until nothing else remains.¹

The purpose of this pilgrimage is to marinate in the Guru’s presence as a doorway to the inner infinity. We will be sitting with three generations of great Masters. Nityananda is intimately accessible in his mahasamadhi shrine. Meditation in Muktananda’s shrine is an opportunity for deep silence and profound insights. Plus we have Gurudevi in-person! Spending time with Gurudevi in the home of our lineage is a rare and powerful opportunity. It is an invitation to experience your own Self and to be changed by your inner experience.



¹ Gurudevi Nirmalananda, *Think of a Great Being*, July 2019 Teachings Article







about ganeshpuri

Ganeshpuri is northeast of Mumbai, by car about 35 miles, though it takes 2-3 hours for the drive. The world comes to Ganeshpuri, giving it an international feel in the midst of rural India.



The village grew up around Bhagavan Nityananda, who settled there in the 1930s. His devotees built him a home, then built hotels nearby to house the many who came for his darshan.² The village has continued to grow, based in Guru's Grace, serving the thousands who come on pilgrimage throughout the year.

Three important sites are open daily for meditation and arati ceremonies. These are the house where Nityananda lived, the room in which he left his body, and the meditation temple that houses his murti (living statue) as well as his remains. Each of them is saturated with his Divine energy, giving you access to deeper inner experiences.

This is why Baba Muktananda went to sit with Nityananda. This is why Gurudevi returns regularly for personal retreats. We are fortunate to be able to join her and the swamis for this inner deepening.



² Darshan = to see God or Guru

trip highlights

Morning meditations with Gurudevi in Nityananda's temple

Chanting and meditating with Gurudevi in the magical atmosphere of Ganeshpuri

Shree Guru Gita — in Sanskrit some days, in English on others

Svaroopa® Yoga classes and guided meditations

Teachings and contemplations guided by our *Svaroopa*® yoga swamis and teachers

Informal time with Gurudevi

Meeting our Ganeshpuri Yoga School teachers

Visiting Bhagavan Nityananda's samadhi shrine and the midday and evening aratis

Meditating in Nityananda's home and his samadhi site

Visiting Baba Muktananda's samadhi shrine

Free time to explore Ganeshpuri, go shopping and marinate in Guru's Grace

Doing seva (selfless service)

Good food and great company with fellow yogis



Note: As this is a meditation retreat, there are no special events planned. The focus is inward, using our time with Gurudevi and her Babas to deepen your inner knowing of your own Self.

how the retreat works

As Ganeshpuri is a small village without much infrastructure, we endeavor to create our own Ashram with the available resources.

Yoga & Meditation Hall

Only one-half block away from Bhagavan's temple, our meeting hall is in Temple View, a brand-new guest house.

Our satsangs, classes and group practices will be held in this spacious air-conditioned room on the third floor.

Logistics

The logistics of the retreat, including transport, food and accommodation are lovingly organized by Gurudevi's longtime friend, Iqbal Memon and his family. Contact Iqbal on his mobile phone at +91 9821 052 248.

Accommodations

Your room will be in Temple View, at Kothavala's nearby resort or at another of the many B&B's around the village. All rooms have ceiling fans or air-conditioning, though we will be there during the cooler season.

Your room is shared, mostly with two single beds, though a few rooms have double beds for couples. If you request a particular roommate, both people must request each other for us to set it up.

The accommodation is simple but comfortable. Most bedrooms have ensuite bathrooms and Western-style toilets and showers. Some have two or three bedrooms for one bathroom. All new bedding is provided, including a brand-new mattress and pillow.

Complimentary WiFi will be available in the meeting hall. However, WiFi connections in India can be erratic and slow. If internet access is important to you, please consider purchasing your own mobile WiFi (wireless hotspot) for improved service during the retreat, which Iqbal can manage for you.

Meals

Delicious vegetarian Indian meals are served for breakfast, lunch and dinner. The spicing is appropriate for Western tongues.



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Location: Ganeshpuri, Maharashtra, India.

Retreat Dates: The retreat begins in Ganeshpuri on Tuesday January 28, and finishes on Thursday February 6, 2025.

Duration: 10 days and 9 nights.

Enrollment Fees:

Tuition, Housing & Meals, Ground Transit

Early Rate: \$4,001.00 (paid in full by November 15)

Late Rate: \$4,401.00 (paid in full Nov. 16 – Jan. 10)

NOTE: Your enrollment fees do not include your airfare, visa, travel insurance and spending money. Additionally, the rate is subject to the disclaimers below.

What the fees include:

All retreat activities

Housing & Meals

Unlimited bottled water, safe for drinking.

New bedding (including mattress, sheets, pillow, blanket, mosquito net).

Transport to and from the Mumbai international airport for the recommended flights.

Flights

You book your own flights, which are an additional cost, not included in your enrollment fees. We recommend that you buy a ticket that is refundable.

We recommend these flights. The quality of the flights, along with the timings and the ticket rates are the best at this time. By traveling on this official flight, you get to travel with other Svaroopis.

DEPARTURE: Monday January 27, Departs JFK (New York) at 4:25 pm

Swiss Air flight LX17, includes a stop in Zurich for 3:35 (11/28 from 6:10 – 9:45 am)

Arrives BOM (Mumbai) at 10:30 pm on January 28

RETURN: Thursday February 6, 5:00 pm leave Ganeshpuri to go to Mumbai airport

Swiss Air flight LX155 departs Friday February 7 at 1:20 am, includes a stop in Zurich for 3:40 (2/7 from 6:10 – 9:50 am)

Arrives JFK (New York) at 1:05 pm on February 7

Ground Transportation

Those on the official flight will be picked up at the airport by buses/cars and whisked directly to Ganeshpuri. It's a long drive, so bottled water will be provided.



how to enroll

Step 1: By December 21 2024, fill out your application [here](#).

Reminder — this meditation retreat is a quiet gathering for Svaroopis interested in deep practice. She and the swamis will not be giving introductory teachings, so the retreat is for those who are well-established in the *Svaroopa*® sciences. Your application form gives space for you to list your *Svaroopa*® studies so far.

For those who cannot join her in Ganeshpuri, Gurudevi has created a weekend retreat in Downingtown, titled “India in PA.” She will bring the practices and the energy of the India retreat to everyone, making it both more affordable and accessible. [Click](#) for more information.

Step 2: Allow 7 days for processing of your application.

Step 3: Once approved, enroll with our Enrollment Advisor at programs@svaroopayoga.org or 610.806.2119. A non-refundable deposit of \$1,000 is payable upon enrollment. This is due on or before December 31 2024.

Step 4: Your balance is payable in full by January 10 2025. Late payments result in trip cancellation. There is no payment plan because the Ashram is advancing the costs on your behalf. You may want to put your Enrollment Fees on a credit card or credit line so you can pay it on your own schedule.

Enrollment Policies:

The retreat package is not subject to variation. It is not possible to participate in only part of the retreat.

Enrollment will only be accepted for the entire package, for the dates specified above. We are unfortunately unable to give discounts or scholarship rates.

We are unable to make special arrangements for yogis who arrive in India earlier than the retreat start date. This includes accommodation and transport for both arrival and return. If you wish to stay on in India after the retreat, you will need to make your own arrangements.

Information Pack

On registration you will receive an information package with more retreat details. We will also hold an orientation meeting where you will receive more information about the trip and can ask questions.

important information

Passports

You will need to travel with a valid passport. This means that your passport must have a validity of at least 6 months from date of arrival in India - at least until July 2025 (or later if you are continuing to travel in India after the retreat).

Travel Insurance

We require that everyone take out travel insurance, particularly health insurance. Please provide us with a copy of your policy by January 10 2025.

Visa

You will probably require a visa to enter India. Further information will be provided in the Travel Package once you register.

Disclaimers

Possible Change in Enrollment Fees

We would love to guarantee the rate, but several factors make it impossible. One is the international exchange rate. If it changes so that the US Dollar buys less rupees, we will have to pass that cost along to you.

The other factor is that we're going to India, so some of the costs may change at the last minute. We are working closely with our Retreat Manager to manage the many details, but ultimately we may experience last-minute changes. If these occur and add to the costs, we will let you know as soon as we know.

Trip Postponement or Cancellation

If unforeseen circumstances, such as another pandemic, necessitate the postponement or cancellation of the retreat we cannot guarantee a refund of monies paid. This is because we are making deposits for our group's needs and may not be able to get refunds from the vendors.

See You There!

Gurudevi is looking forward to this time with you, specifically to invite you deeper within. Being bathed in the Grace of Ganeshpuri makes your own Self more accessible. Even the tapas (difficulties) that come with being in India help with your inward process. We will see you there!