



## CONTINUING EDUCATION STANDARDS

As a certified teacher, you maintain your **Current Standing** by successfully completing Continuing Education on a regular basis. The frequency depends on your level of training. The courses that qualify include:

1. Any Advanced Teacher Training (ATT)
2. Any Professional Yoga Therapist (PYT) course
3. Any Yoga Teacher Training (YTT) course, including:
  - Foundations of *Svaroopa*® Yoga with Foundations Extension
  - Radical Anatomy for Yogis
  - YTT Levels 1, 2, 3 or 4
  - Embodiment*® Yoga Therapy

Enrich Your Teaching Skills (EYTS) courses that include poses, including:

- Ending Back Pain
- Teacher TuneUp (various themes)
- Deceptive Flexibility 1 or 2
- YogaBody Classroom Therapeutics
- Intro to Teaching Gentle Yogis
- and others as they are created

The frequency of your Continuing Ed requirements depends on the level of your training:

CSYT (Certified <i>Svaroopa</i> ® Yoga Teacher) — after YTT & DTS 4	successfully complete one of the above every 2 years (within 24 months of your last qualifying training)
CSBT (Certified <i>Svaroopa</i> ® Yoga Basics Teacher) — after YTT & DTS 2	successfully complete one of the above every year (within 12 months of your last qualifying training)
CSIT (Certified <i>Svaroopa</i> ® Yoga Introductory Teacher) — after Foundations or YTT 1	successfully complete one of the above every 6 months (within 6 months of your last qualifying training)
<i>Svaroopa</i> ® Yoga Leading Teacher	successfully complete one of the above every year (within 12 months of your last qualifying training)

To Return to Current Standing – Successfully complete one of the following:

- Deceptive Flexibility 1 or 2
- Teaching Review (available every 4 years)
- Foundations of *Svaroopa*® Yoga with Foundations Extension
- YTT Level (repeat a level you have previously completed successfully)
- Radical Anatomy for Yogis
- YogaBody Classroom Therapeutics
- Teacher Tune-up

We are happy to help! Please ask your questions or let us support you in creating your Continuing Ed plan. If extenuating circumstances affect your ability to remain in Current Standing, let us help!  
Namaste,

Your Enrollment Advisors — 610.806.2119, [programs@svaroopayoga.org](mailto:programs@svaroopayoga.org)